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Experience the famous Kheerganga Trek from Delhi with a scenic journey through Kasol and Parvati Valley, guided trekking, comfortable stays and breathtaking Himalayan landscapes.

KHEERGANGA TREK FROM DELHI – 3 DAYS KASOL & PARVATI VALLEY ADVENTURE

2N/3D

Starting from · per person

INR 4,999

+91 95570 05400

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Kheerganga Trek from Delhi – 3 Days Kasol & Parvati Valley Adventure

Experience the famous Kheerganga Trek from Delhi with a scenic journey through Kasol and Parvati Valley, guided trekking, comfortable stays and breathtaking Himalayan landscapes.

STARTING FROM **INR 4,999** per person ~~INR 6,999~~

Per person. The final price depends on your dates and group size — your trip captain confirms it in writing before you pay anything.

DESTINATION **Kheerganga Trek**	DURATION **3 days / 2 nights**
DIFFICULTY **Easy**	GROUP SIZE **10–16**
BEST SEASON **March – June & September – November**	STARTS AT **Delhi**
ENDS AT **Delhi**	RATING **4.9 / 5 (145 reviews)**

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OVERVIEW

Experience the breathtaking Kheerganga Trek from Delhi with a perfect blend of adventure, nature, and Himalayan beauty. Explore the charming village of Kasol, trek through the scenic Parvati Valley, and discover the stunning Kheerganga trail. Ideal for beginners, friends, solo travellers, and weekend adventure seekers looking for an unforgettable Himachal escape.

HIGHLIGHTS

- Kheerganga Trek through the scenic Parvati Valley
- Explore the popular mountain village of Kasol
- Scenic Barshaini to Kheerganga trekking route
- Parvati River and Himalayan forest views
- Rudra Nag waterfall area
- Beautiful Himalayan villages and landscapes
- Experienced trek leader
- Guided trekking experience
- Comfortable stay in Kasol
- Perfect weekend adventure from Delhi
- Ideal for beginners and first-time Himalayan trekkers
- Optional Manikaran visit
- Photography opportunities throughout the journey

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DAY-WISE ITINERARY

DAY 01 Delhi to Kasol | Overnight Journey

- Meet at the designated pickup point in Delhi.
- Begin the overnight journey towards Kasol.
- Travel through the scenic highways and Himalayan foothills.
- Overnight journey by Volvo/comfortable vehicle towards Kasol.

Stay: Overnight Journey
Meals: At own expense

DAY 02 Arrival in Kasol | Kasol Exploration

- Arrive in Kasol in the morning/afternoon, depending on road and traffic conditions.
- Check in to the accommodation and freshen up.
- Enjoy breakfast and some leisure time.
- Explore the charming streets, cafés and riverside surroundings of Kasol.
- Optional visit to nearby local attractions, subject to available time.
- Enjoy the peaceful evening in the Parvati Valley.
- Dinner and overnight stay in Kasol.

Stay: Kasol
Meals: Breakfast + Dinner

DAY 03 Kasol to Kheerganga | Trek to Kheerganga

- Early morning breakfast at Kasol.
- Drive towards Barshaini, the starting point of the Kheerganga Trek.
- Begin the trek through beautiful Himalayan forests, waterfalls, streams and mountain villages.
- Enjoy breathtaking views of the Parvati Valley throughout the trail.
- Reach Kheerganga after completing the scenic uphill trek.

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DAY-WISE ITINERARY

- Check in to the campsite/accommodation.
- Relax and enjoy the spectacular Himalayan surroundings.
- Explore the Kheerganga meadow and hot-spring area, subject to local conditions.
- Dinner and overnight stay at Kheerganga.

Stay: Kheerganga
Meals: Breakfast + Dinner

DAY 04 Kheerganga to Barshaini | Kasol | Overnight Bus to Delhi

- Wake up to the beautiful Himalayan morning at Kheerganga.
- Have breakfast and prepare for the descent.
- Trek back from Kheerganga to Barshaini.
- Meet the vehicle and transfer towards Kasol.
- Enjoy some free time in Kasol for cafés, shopping and riverside relaxation.
- In the evening, board the overnight bus from Kasol towards Delhi.

Stay: Overnight Journey
Meals: Breakfast

DAY 05 Arrival in Delhi

- Continue the overnight journey towards Delhi.
- Arrive in Delhi in the morning/daytime, depending on traffic and road conditions.
- Trip ends with beautiful memories of the Kheerganga Trek & Parvati Valley Adventure.

Stay: None
Meals: None

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INCLUSIONS

- Transportation from Delhi to Kasol and back
- Local transfer from Kasol to Barshaini and back
- 1 night accommodation in Kasol
- Breakfast on Day 2 and Day 3
- Dinner on Day 2
- Experienced trek leader/guide
- Trek briefing and basic route assistance
- Applicable trek/forest registration charges
- Driver and vehicle expenses as per itinerary
- Accommodation on sharing basis
- Basic first-aid support
- Toll taxes and parking charges
- All applicable operational charges mentioned in the itinerary

EXCLUSIONS

- 5% Gst
- Anything not specifically mentioned under inclusions

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QUESTIONS, ANSWERED

Is Kheerganga Trek suitable for beginners?

Yes. Kheerganga is generally considered an Easy to Moderate trek, although the long walking distance makes reasonable fitness important.

Where does the Kheerganga Trek start?

The main trekking route starts from Barshaini, near Kasol in Himachal Pradesh.

How long is the Kheerganga Trek?

The route is approximately 12–13 km one way, making the round trip roughly 24–26 km depending on the route and local trail conditions.

What is the highest altitude of Kheerganga?

Kheerganga is approximately 2,960 metres / 9,700 feet above sea level.

Is camping allowed at Kheerganga?

Current 2026 references report that overnight camping at Kheerganga is banned. Therefore, this package uses accommodation in the Kasol/Barshaini area instead of promising an overnight stay at the Kheerganga meadow.

What should I carry for Kheerganga Trek?

Carry comfortable trekking shoes, a lightweight backpack, water bottle, warm layers, rain protection, sunscreen, sunglasses, personal medicines and basic toiletries.

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WHAT TRAVELLERS SAY

★ 4.8 average across all trips

★★★★★ **5.0 / 5**

"Kedarnath with zero chaos. Ponies, VIP darshan slot, hot food at the top — our captain had thought of everything before we asked."

Rachit & family · Kedarnath & Badrinath · May batch

★★★★★ **4.9 / 5**

"The 16 km trek felt doable because the pacing was human. Aarti at the temple with the peaks going pink — I still get goosebumps."

Shreya · Kedarnath Yatra · solo traveller

★★★★★ **4.8 / 5**

"Parents aged 61 and 58, both reached Kedarnath comfortably. Helicopter option arranged in a day when the weather turned. Faultless."

Anurag · Char Dham · family of four

LIKE WHAT YOU SEE?

Message us on WhatsApp — a trip captain will answer every question and hold your dates. No advance is needed to enquire.

WHATSAPP US

Or see this trip online:
https://www.thrillhikers.com/tours/kheerganga-trek/kheerganga-trek-from-delhi-3-days-kasol-parvati-valle

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TERMS AND CONDITION

Booking Confirmation

To secure your booking, a specified deposit must be paid at the time of booking. All quotes are tentative and subject to change based on availability and pricing at the time of the final payment. Full payment of the trip cost must be completed 7 Days before the trip begins. Pending payments may lead to cancellation of the trip.

Payment Policy

At the time of Booking, 30% of the Full Tour Amount need to Paid and remaining dues will be cleared 7 Days before the Date of Travel to ensure the smooth conduct of the tour.

For Issuance of the Flight Tickets, we require Full Payment of Airfare.

Accepted payment methods include credit/debit cards, bank transfers, and online payment gateways.

Payments made by credit card incur an extra handling fee (as charged by the Payment gateways): 2.5% for Indian credit cards and 4.5% for international credit cards over the invoiced Amount.

Inclusions & Exclusions

The services included in your package will be detailed in your booking confirmation. Any services not explicitly mentioned are excluded and must be paid for separately.

Taxes and Government Compliances

5% GST (Goods and Services Tax) is applicable on all tour package bookings. As per current Indian government regulations, a 5% TCS (Tax Collected at Source) will be applicable on payments for international travel upto 7 lakhs and 20% TCS on exceeding 7 lakhs in a financial year.

Refund Policies

The Booking Amount is Non-Refundable; for the balance amount the refund will be processed as per the cancellation policies.

In case of flight booking cancellation, the refund will be processed as per the actual airline policies.

No refunds or compensation will be provided for unused services. If a refund is applicable, it will be processed within 7-10 working days.

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Cancellation Policies

If you cancel your trip less than 30 days before the start date, you will be charged 50% of the trip cost as cancellation fees.

If you cancel your trip within 15-30 days before the trip's start date, you will be charged 75% of the trip cost as cancellation fees.

If you cancel your trip within 0-15 days before the trip's start date, you will be charged 100% of the trip cost as cancellation fees.

Rescheduling Policy

If you choose to reschedule your trip less than 7 Days of the trip date, the booking amount can neither be adjusted to your next date nor refunded.

If you choose to reschedule your trip within 7-15 Days of the trip date, 50% of the Tour cost will be considered as the rescheduling fees.

If you choose to reschedule your trip before 15 days of the trip date, 25% of the Tour cost will be considered as the rescheduling fees.

Rescheduling confirmation will be provided in ThrillCash Voucher format with a validity of 365 Days from the date of Rescheduling.

Weather or Government Restrictions

In the case of harsh weather conditions, government restrictions, protests, landslides, political unrest, or other factors beyond our control, ThrillHikers holds the right to alter itineraries, accommodations, or transportation arrangements to meet the best alternative execution of the tour.

We strive to minimize any disruptions to the travel experience. However, no refund will be provided for the same.

Travel Documents & ID Requirements

Passports must be valid for at least six months from the date of return to India. For domestic travel, a government-issued ID card with a photograph is required.

It is the client's responsibility to obtain and maintain valid travel documents as per the chosen destination.

Health & Medical Conditions

Clients must adhere to all safety instructions provided during their trip, should be responsible for meeting all health requirements and ensure he/she is medically fit at the

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time of participation in any adventure activity. Any existing medical conditions must be disclosed prior to booking.

Special Requests & Customizations

Any changes to customized trips requested by you may incur additional costs.

Note: Payment Schedule, Refund, Cancellation, Rescheduling Policies may vary based on TripType (Trek/Tour Package/Tickets), Destination (Domestic/Short Haul/Long Haul), Nature of services (Refundable/Non Refundable) and travel date (Festivals/Peak Season/Etc).