ThrillHikers
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Past the tunnel into the cold desert — Sissu, Jispa, Suraj Tal and the Baralacha road, without needing a full Spiti week.

MANALI & LAHAUL VIA ATAL TUNNEL

4N/5D

Starting from · per person

INR 15,999

+91 95570 05400

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Past the tunnel into the cold desert — Sissu, Jispa, Suraj Tal and the Baralacha road, without needing a full Spiti week.

STARTING FROM **INR 15,999** per person ~~INR 19,499~~

Per person. The final price depends on your dates and group size — your trip captain confirms it in writing before you pay anything.

DESTINATION **Manali**	DURATION **5 days / 4 nights**
DIFFICULTY **Moderate**	GROUP SIZE **10–16**
BEST SEASON **Jun – Sep**	STARTS AT **Manali**
ENDS AT **Manali**	RATING **4.8 / 5 (143 reviews)**

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OVERVIEW

Lahaul is what Spiti looks like on a five-day budget. We base out of Manali and Jispa, cross the Atal Tunnel, follow the Bhaga river north past Keylong, and push as far as Suraj Tal and Baralacha La if the road allows. Barren ridges, glacier snouts and almost no crowds. Oxygen support and a mountain-experienced captain travel with the group.

HIGHLIGHTS

- Atal Tunnel crossing and Sissu waterfall
- Keylong, Kardang monastery and the Bhaga valley
- Jispa riverside camp night
- Deepak Tal and Suraj Tal high lakes
- Baralacha La at 16,040 ft (season permitting)

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DAY-WISE ITINERARY

DAY 01 Arrive Manali

- Own arrival. Briefing, gear check and an easy Old Manali evening to start acclimatising.

DAY 02 Manali 'Sissu 'Jispa

- Through the Atal Tunnel into Lahaul. Sissu waterfall, lunch at Keylong, riverside camp at Jispa by evening.

DAY 03 Jispa 'Baralacha La 'Jispa

- The big day. Deepak Tal, Zing Zing Bar, Suraj Tal and the Baralacha pass, then back down to camp.

DAY 04 Jispa 'Keylong 'Manali

- Kardang monastery morning, Tandi confluence photo stop, return through the tunnel by evening.

DAY 05 Departure

- Breakfast and drop at Manali bus stand or Kullu airport.

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INCLUSIONS ✓

- 4 nights stay (Manali hotel + Jispa camp)
- SUV / tempo traveller for the full circuit
- All breakfasts and dinners
- Inner-line permits and tolls
- Oxygen cylinder and first-aid on board
- Trip captain and mountain driver

EXCLUSIONS ✗

- Travel to and from the trip start point
- Lunches and personal snacks
- 5% GST
- Anything not listed under inclusions

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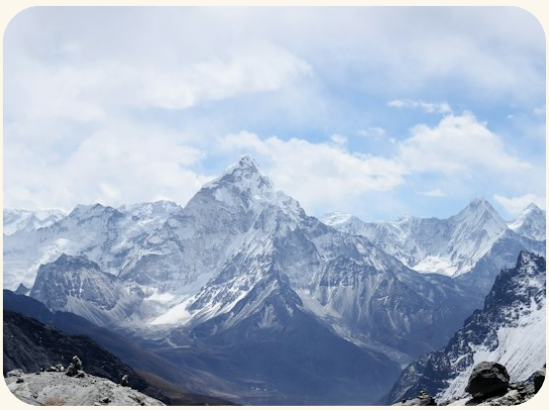
MOMENTS FROM THIS TRIP







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QUESTIONS, ANSWERED

Is this a fixed departure or can I do it privately?

Both. The price shown is for our small-group fixed departures. The same route can be run privately on your own dates for your family or friends — tell us the group size and we send a private quote within a day.

How do I book, and how much is the advance?

Enquire here and a travel expert calls you back with the available batches. Once you pick a date, a part-payment confirms your seat and the balance is due 15 days before departure. Details are on our Trip payments page.

Are flights or trains included?

No. The trip starts and ends at the points listed above so you can book the connection that suits you. We are happy to advise which arrival works best with the batch.

What happens if I have to cancel?

Cancellation charges depend on how close to departure you cancel — the full slab is on our Terms & Conditions page. Third-party costs already committed on your behalf are charged at actual.

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WHAT TRAVELLERS SAY

★ 4.8 average across all trips

★★★★★ **5.0 / 5**

"Kedarnath with zero chaos. Ponies, VIP darshan slot, hot food at the top — our captain had thought of everything before we asked."

Rachit & family · Kedarnath & Badrinath · May batch

★★★★★ **4.9 / 5**

"The 16 km trek felt doable because the pacing was human. Aarti at the temple with the peaks going pink — I still get goosebumps."

Shreya · Kedarnath Yatra · solo traveller

★★★★★ **4.8 / 5**

"Parents aged 61 and 58, both reached Kedarnath comfortably. Helicopter option arranged in a day when the weather turned. Faultless."

Anurag · Char Dham · family of four

LIKE WHAT YOU SEE?

Message us on WhatsApp — a trip captain will answer every question and hold your dates. No advance is needed to enquire.

WHATSAPP US

Or see this trip online: https://www.thrillhikers.com/tours/manali/manali-lahaul-atal-tunnel

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TERMS AND CONDITION

Booking Confirmation

To secure your booking, a specified deposit must be paid at the time of booking. All quotes are tentative and subject to change based on availability and pricing at the time of the final payment. Full payment of the trip cost must be completed 7 Days before the trip begins. Pending payments may lead to cancellation of the trip.

Payment Policy

At the time of Booking, 30% of the Full Tour Amount need to Paid and remaining dues will be cleared 7 Days before the Date of Travel to ensure the smooth conduct of the tour.

For Issuance of the Flight Tickets, we require Full Payment of Airfare.

Accepted payment methods include credit/debit cards, bank transfers, and online payment gateways.

Payments made by credit card incur an extra handling fee (as charged by the Payment gateways): 2.5% for Indian credit cards and 4.5% for international credit cards over the invoiced Amount.

Inclusions & Exclusions

The services included in your package will be detailed in your booking confirmation. Any services not explicitly mentioned are excluded and must be paid for separately.

Taxes and Government Compliances

5% GST (Goods and Services Tax) is applicable on all tour package bookings. As per current Indian government regulations, a 5% TCS (Tax Collected at Source) will be applicable on payments for international travel upto 7 lakhs and 20% TCS on exceeding 7 lakhs in a financial year.

Refund Policies

The Booking Amount is Non-Refundable; for the balance amount the refund will be processed as per the cancellation policies.

In case of flight booking cancellation, the refund will be processed as per the actual airline policies.

No refunds or compensation will be provided for unused services. If a refund is applicable, it will be processed within 7-10 working days.

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Cancellation Policies

If you cancel your trip less than 30 days before the start date, you will be charged 50% of the trip cost as cancellation fees.

If you cancel your trip within 15-30 days before the trip's start date, you will be charged 75% of the trip cost as cancellation fees.

If you cancel your trip within 0-15 days before the trip's start date, you will be charged 100% of the trip cost as cancellation fees.

Rescheduling Policy

If you choose to reschedule your trip less than 7 Days of the trip date, the booking amount can neither be adjusted to your next date nor refunded.

If you choose to reschedule your trip within 7-15 Days of the trip date, 50% of the Tour cost will be considered as the rescheduling fees.

If you choose to reschedule your trip before 15 days of the trip date, 25% of the Tour cost will be considered as the rescheduling fees.

Rescheduling confirmation will be provided in ThrillCash Voucher format with a validity of 365 Days from the date of Rescheduling.

Weather or Government Restrictions

In the case of harsh weather conditions, government restrictions, protests, landslides, political unrest, or other factors beyond our control, ThrillHikers holds the right to alter itineraries, accommodations, or transportation arrangements to meet the best alternative execution of the tour.

We strive to minimize any disruptions to the travel experience. However, no refund will be provided for the same.

Travel Documents & ID Requirements

Passports must be valid for at least six months from the date of return to India. For domestic travel, a government-issued ID card with a photograph is required.

It is the client's responsibility to obtain and maintain valid travel documents as per the chosen destination.

Health & Medical Conditions

Clients must adhere to all safety instructions provided during their trip, should be responsible for meeting all health requirements and ensure he/she is medically fit at the

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time of participation in any adventure activity. Any existing medical conditions must be disclosed prior to booking.

Special Requests & Customizations

Any changes to customized trips requested by you may incur additional costs.

Note: Payment Schedule, Refund, Cancellation, Rescheduling Policies may vary based on TripType (Trek/Tour Package/Tickets), Destination (Domestic/Short Haul/Long Haul), Nature of services (Refundable/Non Refundable) and travel date (Festivals/Peak Season/Etc).