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Explore the breathtaking Valley of Flowers, surrounded by vibrant alpine blooms, lush green meadows and spectacular Himalayan peaks on this unforgettable Uttarakhand trek.

VALLEY OF FLOWERS TREK – 6 DAYS / 5 NIGHTS HIMALAYAN ADVENTURE

5N/6D

Starting from · per person

INR 8,999

+91 95570 05400

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Explore the breathtaking Valley of Flowers, surrounded by vibrant alpine blooms, lush green meadows and spectacular Himalayan peaks on this unforgettable Uttarakhand trek.

STARTING FROM **INR 8,999** per person ~~INR 12,999~~

Per person. The final price depends on your dates and group size — your trip captain confirms it in writing before you pay anything.

DESTINATION **Valley of Flowers Trek**	DURATION **6 days / 5 nights**
DIFFICULTY **Moderate**	GROUP SIZE **12–16**
BEST SEASON **July – September**	STARTS AT **Haridwar**
ENDS AT **Haridwar**	RATING **4.9 / 5 (72 reviews)**

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OVERVIEW

The Valley of Flowers Trek is one of Uttarakhand's most beautiful Himalayan adventures, taking you through lush valleys, alpine meadows and colourful seasonal wildflowers surrounded by majestic mountains. Combined with a visit to Hemkund Sahib, this trek offers a perfect blend of nature, spirituality and Himalayan adventure.

HIGHLIGHTS

- Explore the UNESCO World Heritage-listed Valley of Flowers region
- Walk through colourful alpine meadows
- Experience the Himalayan monsoon landscape
- Visit the sacred Hemkund Sahib
- Scenic trek through Uttarakhand's Garhwal Himalayas
- Beautiful mountain valleys and waterfalls
- Ghangaria village experience
- Experienced trek leader
- Guided trekking experience
- Perfect combination of nature, adventure and spirituality

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DAY-WISE ITINERARY

DAY 01 Haridwar to Govindghat | Mountain Journey

- Meet the trek team at the designated pickup point in Haridwar.
- Begin the scenic journey towards Govindghat.
- Drive through the beautiful Himalayan roads of Uttarakhand.
- Enjoy views of rivers, valleys and mountain villages.
- Reach Govindghat and check in to the accommodation.
- Dinner and overnight stay.

Stay: Govindghat
Meals: Breakfast + Dinner

DAY 02 Govindghat to Ghangaria | Trek Begins

- Breakfast at the hotel.
- Drive to Pulna, the starting point of the trek.
- Begin the trek towards Ghangaria.
- Walk alongside the Pushpawati/Laxman Ganga valley through beautiful mountain landscapes.
- Reach Ghangaria and check in to the accommodation.
- Relax and prepare for the next day's Valley of Flowers excursion.
- Dinner and overnight stay.

Trek: Pulna to Ghangaria
Stay: Ghangaria
Meals: Breakfast + Lunch + Dinner

DAY 03 Ghangaria to Valley of Flowers | Explore the National Park

- Early morning breakfast.
- Begin the trek towards the Valley of Flowers.
- Enter the spectacular Valley of Flowers National Park.

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DAY-WISE ITINERARY

- Walk through lush alpine meadows surrounded by Himalayan peaks.
- Explore the valley and witness seasonal wildflowers in full bloom.
- Enjoy the peaceful natural surroundings and photography opportunities.
- Return to Ghangaria by afternoon/evening.
- Dinner and overnight stay.

Stay: Ghangaria
Meals: Breakfast + Lunch + Dinner

DAY 04 Ghangaria to Hemkund Sahib | Return to Ghangaria

- Early breakfast at the accommodation.
- Begin the uphill trek towards Hemkund Sahib.
- Trek through the dramatic Himalayan landscape towards the high-altitude lake and gurudwara.
- Spend time at Hemkund Sahib and enjoy the peaceful surroundings.
- Begin the descent towards Ghangaria.
- Return to the accommodation and relax.
- Dinner and overnight stay.

Stay: Ghangaria
Meals: Breakfast + Lunch + Dinner

DAY 05 Ghangaria to Govindghat | Drive to Joshimath

- Breakfast at the accommodation.
- Trek back from Ghangaria to Pulna.
- Meet the vehicle and transfer towards Govindghat.
- Continue towards Joshimath.
- Check in and relax.
- Evening at leisure.

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DAY-WISE ITINERARY

- Dinner and overnight stay.

Stay: Joshimath
Meals: Breakfast + Dinner

DAY 06 Joshimath to Haridwar | Departure

- Breakfast at the hotel.
- Begin the return journey towards Haridwar.
- Enjoy the scenic Himalayan drive.
- Reach Haridwar by evening, subject to traffic and road conditions.
- Trip ends with beautiful memories of the Valley of Flowers.

Meals: Breakfast
Stay: None

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INCLUSIONS ✓

- Haridwar to Govindghat transportation
- Govindghat to Pulna transfer
- Pulna to Govindghat local transportation
- Return transportation to Haridwar
- Accommodation in Govindghat/Ghangaria/Joshimath as per itinerary
- All meals during the trek as mentioned
- Experienced trek leader/guide
- Applicable entry/forest charges
- Trek permits and registrations wherever applicable
- Basic first-aid support
- Support staff
- Trek route assistance
- Applicable taxes and operational charges

EXCLUSIONS ✗

- 5% Gst
- Applicable taxes and operational charges

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QUESTIONS, ANSWERED

Is Valley of Flowers Trek suitable for beginners?

Yes. The trek is generally considered beginner-friendly to moderate, although regular walking and basic fitness are recommended.

What is the best time to visit Valley of Flowers?

July to September is generally the ideal period to experience the valley's seasonal wildflowers.

How many days is the Valley of Flowers Trek?

This package is designed as a 6 Days / 5 Nights Haridwar-to-Haridwar trip.

Is Hemkund Sahib included?

Yes. The itinerary includes a dedicated excursion to Hemkund Sahib, subject to local weather, route and operational conditions.

Where does the trek start?

The trekking route begins from Pulna, after the road journey from Govindghat.

What should I carry?

Carry comfortable trekking shoes, rain protection, warm layers, a backpack, water bottle, sunglasses, sunscreen and personal medicines.

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WHAT TRAVELLERS SAY

★ 4.8 average across all trips

★★★★★ **5.0 / 5**

"Kedarnath with zero chaos. Ponies, VIP darshan slot, hot food at the top — our captain had thought of everything before we asked."

Rachit & family · Kedarnath & Badrinath · May batch

★★★★★ **4.9 / 5**

"The 16 km trek felt doable because the pacing was human. Aarti at the temple with the peaks going pink — I still get goosebumps."

Shreya · Kedarnath Yatra · solo traveller

★★★★★ **4.8 / 5**

"Parents aged 61 and 58, both reached Kedarnath comfortably. Helicopter option arranged in a day when the weather turned. Faultless."

Anurag · Char Dham · family of four

LIKE WHAT YOU SEE?

Message us on WhatsApp — a trip captain will answer every question and hold your dates. No advance is needed to enquire.

WHATSAPP US

Or see this trip online:
https://www.thrillhikers.com/tours/valley-of-flowers-trek/valley-of-flowers-trek-6-days

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TERMS AND CONDITION

Booking Confirmation

To secure your booking, a specified deposit must be paid at the time of booking. All quotes are tentative and subject to change based on availability and pricing at the time of the final payment. Full payment of the trip cost must be completed 7 Days before the trip begins. Pending payments may lead to cancellation of the trip.

Payment Policy

At the time of Booking, 30% of the Full Tour Amount need to Paid and remaining dues will be cleared 7 Days before the Date of Travel to ensure the smooth conduct of the tour.

For Issuance of the Flight Tickets, we require Full Payment of Airfare.

Accepted payment methods include credit/debit cards, bank transfers, and online payment gateways.

Payments made by credit card incur an extra handling fee (as charged by the Payment gateways): 2.5% for Indian credit cards and 4.5% for international credit cards over the invoiced Amount.

Inclusions & Exclusions

The services included in your package will be detailed in your booking confirmation. Any services not explicitly mentioned are excluded and must be paid for separately.

Taxes and Government Compliances

5% GST (Goods and Services Tax) is applicable on all tour package bookings. As per current Indian government regulations, a 5% TCS (Tax Collected at Source) will be applicable on payments for international travel upto 7 lakhs and 20% TCS on exceeding 7 lakhs in a financial year.

Refund Policies

The Booking Amount is Non-Refundable; for the balance amount the refund will be processed as per the cancellation policies.

In case of flight booking cancellation, the refund will be processed as per the actual airline policies.

No refunds or compensation will be provided for unused services. If a refund is applicable, it will be processed within 7-10 working days.

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Cancellation Policies

If you cancel your trip less than 30 days before the start date, you will be charged 50% of the trip cost as cancellation fees.

If you cancel your trip within 15-30 days before the trip's start date, you will be charged 75% of the trip cost as cancellation fees.

If you cancel your trip within 0-15 days before the trip's start date, you will be charged 100% of the trip cost as cancellation fees.

Rescheduling Policy

If you choose to reschedule your trip less than 7 Days of the trip date, the booking amount can neither be adjusted to your next date nor refunded.

If you choose to reschedule your trip within 7-15 Days of the trip date, 50% of the Tour cost will be considered as the rescheduling fees.

If you choose to reschedule your trip before 15 days of the trip date, 25% of the Tour cost will be considered as the rescheduling fees.

Rescheduling confirmation will be provided in ThrillCash Voucher format with a validity of 365 Days from the date of Rescheduling.

Weather or Government Restrictions

In the case of harsh weather conditions, government restrictions, protests, landslides, political unrest, or other factors beyond our control, ThrillHikers holds the right to alter itineraries, accommodations, or transportation arrangements to meet the best alternative execution of the tour.

We strive to minimize any disruptions to the travel experience. However, no refund will be provided for the same.

Travel Documents & ID Requirements

Passports must be valid for at least six months from the date of return to India. For domestic travel, a government-issued ID card with a photograph is required.

It is the client's responsibility to obtain and maintain valid travel documents as per the chosen destination.

Health & Medical Conditions

Clients must adhere to all safety instructions provided during their trip, should be responsible for meeting all health requirements and ensure he/she is medically fit at the

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time of participation in any adventure activity. Any existing medical conditions must be disclosed prior to booking.

Special Requests & Customizations

Any changes to customized trips requested by you may incur additional costs.

Note: Payment Schedule, Refund, Cancellation, Rescheduling Policies may vary based on TripType (Trek/Tour Package/Tickets), Destination (Domestic/Short Haul/Long Haul), Nature of services (Refundable/Non Refundable) and travel date (Festivals/Peak Season/Etc).